

# Daytime Outpatient Surgery Center

6311 Southwest Blvd., Fort Worth, Texas 76132 (817) 738-3390 FAX: (817) 731-4282

## PRE-OPERATIVE INSTRUCTIONS

Arrive at \_\_\_\_\_ AM / PM on Day: \_\_\_\_\_ Date: \_\_\_\_\_

**We will call the day prior to surgery to confirm your time.**

Please sign in at the reception desk when you arrive. You will arrive approximately 1 hour prior to your surgery however unforeseen circumstances may result in delay of your surgery. Every effort will be made to keep you informed of delays.

**YOU WILL NOT BE ALLOWED TO DRIVE FOR 24 HOURS AFTER SURGERY.** A responsible adult (18 years or older) must drive your home. You may arrange for a taxicab but a responsible adult (18 years or older) must accompany you. Failure to make transportation arrangements will result in cancellation of your surgery.

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT BEFORE SURGERY. This includes chewing gum, hard candy, tobacco, water, coffee, and smoking.** You may brush your teeth the morning of surgery as long as you do not swallow any toothpaste or water.

If instructed take medication, take only with a sip of water.

Bring your insulin with you if you have diabetes.

Bring you inhaler if used for any type of respiratory problems.

**Do not take medications that thin your blood** (Plavix, Warfarin, Coumadin, Aspirin, Vitamin E, Anti-inflammatories such as Ibuprofen, Aleve, etc. Check with your family doctor that prescribed the medication on how to stop and restart medication.

**Do not take diet pills or herbal supplements** for 10 days prior to your procedure.

Shower the morning of your surgery.

Please do not wear makeup especially mascara that can scratch your eye.

Please wear comfortable, loose fitting clothing that is easy to put on and will fit over a bulky dressing after surgery.

Leave all valuables at home – this includes money, credit card, jewelry, etc. We will not be responsible for valuables that are lost at the center.

Please leave children at home and in consideration of other patients please have only one person come with you.

Patients who are minors must have their legal guardian accompany them and must stay at all times while the minor patient is at the surgery center.

Please plan to be at the center 4-5 hours the day of your surgery.

Notify your physician if you become ill, develop a cough, fever or a change in your health between now and your surgery.

Please call if you have any questions at 817-738-3390.

**SPECIFIC:** \_\_\_\_\_  
\_\_\_\_\_

PATIENT: \_\_\_\_\_ DATE/TIME: \_\_\_\_\_

- phone call - visit