

Daytime **Outpatient Surgery Center**

6311 Southwest Blvd.
Fort Worth, Texas 76132

Daytime Outpatient Surgery Center is located in the South office building of Southwest Orthopedic Associates and is a separate business entity.

PREPARING FOR YOUR SURGERY

If your physician orders for you to have Medical Clearance you must obtain prior to your surgery being scheduled. Please schedule as soon as possible.

You will be contacted by our scheduling coordinator as to the date of your surgery. You may be required to come for a preoperative appointment or will be contacted by telephone to complete a medical history and answer questions you may have. Please bring a complete list of medications you are currently taking including dosages.

The scheduled time for your surgery may change at the last minute for a variety of reasons. We will call you or leave a message the day prior to your surgery regarding your arrival time. If you have not heard from us please check your answering machine, voicemail. You may call us to confirm your arrival time.

FEES and PAYMENTS

We will collect deductibles, co-payments and out of pocket expenses for the center and surgeon which will be separate payments. **Personal checks over \$100.00 are not accepted.** We accept Visa, MasterCard, American Express, Cashier's Check, Money Order or Cash.

INSURANCE

We will verify your insurance but all quotes and estimates are subject to change depending on payment by your insurance company.

It is your responsibility to verify we have your current and correct personal and insurance information.

OTHER FEES

Pinnacle Partners provide anesthesia services for the center. Their telephone number is (817) 469-9443. They are on most insurance plans but please verify with them or your Insurance Company that their fees will be covered.

You will receive separate bills from Daytime Outpatient Surgery Center, your surgeon, anesthesiologist, and Durable Medical Equipment such as bracing, slings, or ice machine. Other professional services such as laboratory, radiology or pathology will also be billed separately

TRANSPORTATION

YOU WILL NOT BE ALLOWED TO DRIVE FOR 24 HOURS AFTER SURGERY.

A responsible adult (18 years or older) must drive you home. You may arrange for a taxicab but a responsible adult (18 years or older) must accompany you.

Failure to make transportation arrangements will result in cancellation of your surgery.

Please plan to be at the center 4-5 hours the day of your surgery.

A family member or responsible adult must stay at the surgery center while you have your procedure and for 24 hours after anesthesia.

GENERAL INSTRUCTIONS

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT BEFORE SURGERY. This includes chewing gum, hard candy, tobacco, water, coffee, and smoking.

You may brush your teeth the morning of surgery as long as you do not swallow any toothpaste or water.

You will be instructed what medications, if any to take the morning of your surgery. If you are unsure bring your medications with you and we will have you take what is needed.

Please bring Insulin and Inhalers with you to the center.

Please bring glasses, no contacts. If you have dentures please wear them.

Leave valuables at home all jewelry and wallet unless you need to make a payment.

Shower with an antibacterial soap the night before and the morning of your surgery.

DAY OF SURGERY

Shower prior to coming to the center with an antibacterial soap.

WHEN YOU ARRIVE

Please sign in at the reception desk when you arrive. You will arrive approximately 1 hour prior to your surgery however unforeseen circumstances may result in delay of your surgery. Every effort will be made to keep you informed of delays, please do not leave.

PRE-PROCEDURE

The surgery preoperative nurse will escort you to an area where you will be prepared for your surgery. Your medical history, allergies, medications you are taking, etc will be reviewed and verified. Please bring a current list of medications with you.

You will sign multiple forms/consents for your procedure (forms are online at www.sworthopedic.com under the Daytime Outpatient Surgery Center heading)

You will then be asked to change into a hospital gown; you will be able to leave undershorts and socks on. Remove T-shirts and/or Bra so that we will be able to monitor your heart during the procedure.

An Intravenous Solution (IV) will be started to administer medications prior to, during and after your procedure as needed by the anesthesiologist and nursing staff.

ANESTHESIA

The anesthesiologist provider will evaluate you prior to your procedure and answer any questions. Be sure to mention any medications you are currently taking, even over the counter drugs, vitamins or herbal supplements. Please provide information on past anesthesia problems or concerns. The appropriate anesthesia will be determined as there are different levels of anesthesia for various procedures.

PROCEDURE

The operating room nurse will escort you to the operating suite. Patients usually walk into the operating suite. You will be positioned on the surgery table by the nurse and the anesthesiologist. The anesthesiologist will connect monitoring equipment including blood pressure cuff, electrocardiogram, and oxygen monitor. The anesthesiologist will then give you medication to help you relax and have you breathe into a mask. The nurse and/or the anesthesiologist will be at your side at all times.

RECOVERY

Immediately following surgery you will be taken to the recovery room where specially trained nurses will monitor your breathing, temperature, blood pressure and pulse. The amount of time you spend in the recovery room depends on the type of procedure and/anesthetic. Some patients spend as little time as 30 minutes and others up to 1 hour or more.

AT HOME AFTER SURGERY

You may still feel sleepy, dizzy and /or nauseated. These are possible (and normal) side effects of surgery and/or anesthesia and can last for 12-24 hours after your procedure.

Helpful numbers:

When leaving messages please leave name and current telephone number with a detailed message.

Surgery Scheduling: (817) 731-9400, ext 113

Daytime Outpatient Surgery Pre-Op Nurse: (817) 731-9400, ext 119

Billing Department: (817) 731-9400

Anesthesiologist Pinnacle Partners: (817) 469-9443

Website: <http://www.sworthopedic.com>

All forms are located under the Daytime Outpatient Surgery Center heading. It is recommended you read prior to coming for your surgery.

If you have questions please ask. Our goal is to make your surgery experience a positive one.